

• Everyday - 1:00 Walking Club (weather permitting) • Every Tuesday - 1:00 Walmart • Every Wednesday - 11:30 Lunch Outing • Every Thursday - 1:00 Mall Walks

MONDAY		TUESDAY		WEDNESDAY		THURSDAY	
10:00	Gentle Stretching	9:00	Friendly Visits	9:00	Bible Study	10:00	Dog Visits
10:30	Stretch & Strengthen	10:30	Sittercise	10:30	Stretch & Strengthen	10:30	Sittercise
11:00	Wii Bowling	11:00	Pet Therapy	11:00	Pick Your Art	11:00	Brain Games
2:00	Happy Hour	2:00	Happy Hour	2:00	Happy Hour	1:00	Bean Bag Toss
3:00	Music Monday	2:15	Bingo	3:15	Rehydrate	2:00	Happy Hour
7:00	Card Club	4:00	Polka Music	4:00	Balloon Volley	3:00	Music with Melody
		6:00	Movie	7:15	Worship Service	6:00	Painter's Pick
FRIDAY		SATURDAY		SUNDAY			
9:00	Smooth Moves	9:30	Nail Care	10:00	Stretch & Strengthen		
10:30	Stretch & Strengthens	10:30	Stretch & Strengthen	11:00	Church Service		
11:00	Favorite One Dish	11:00	Book Club	1:30	Devotion		
1:00	Meals	2:15	Bingo	3:00	Fellowship		
2:00	Table Games	4:00	Men's Club	4:00	Women's Club		
6:00	Happy Hour						Sample Calendar
3:00 7:00 FRIDA 9:00 10:30 11:00 1:00 2:00	Music Monday Card Club Y Smooth Moves Stretch & Strengthens Favorite One Dish Meals Table Games	2:15 4:00 6:00 SATU 9:30 10:30 11:00 2:15	Bingo Polka Music Movie RDAY Nail Care Stretch & Strengthen Book Club Bingo	3:15 4:00 7:15 SUNI 10:00 11:00 1:30 3:00	Rehydrate Balloon Volley Worship Service DAY Stretch & Strengthen Church Service Devotion Fellowship	2:00 3:00	Happy Hour Music with Melody Painter's Pick